

Boys Shorts

Instructions

Supplies

1. Computer and B&W printer.
2. Letter size paper – 6 to 9 sheets for each pattern size.
3. Fabrics
 - a. New or gently used pillowcases suitable for a boy. One pillowcase will make one pair of shorts in a size small or medium. Two pillowcases are needed for a size large.
 - b. Quilting fabrics in playful patterns and prints; also, light weight twill and cotton knits – try an old T-shirt! Yardage requirement for 44"/45" wide fabrics are: Small – ½ yard; Medium – ¾ yard; Large – 7/8 yard.
4. Elastic: ¾ yard of ½" or ¾" wide non-roll elastic.
5. 2-3 inches of ¾" or 1" wide woven cotton tape / fine-tip permanent marker.
6. Thread to color match fabric.
7. Optional:
 - a) Extra fabric for optional patch or cargo style pocket.
 - b) Tape trims for racing stripes.

Where to drop off dresses by January 31, 2012

Christ Memorial Lutheran Church (www.christmemorial.us)

89 Line Road

Malvern PA 19355

610-644-4508

hours: 9 AM – 3 PM weekdays; 8:30 AM – noon, Sundays

Boys Shorts -- Pattern & Instructions

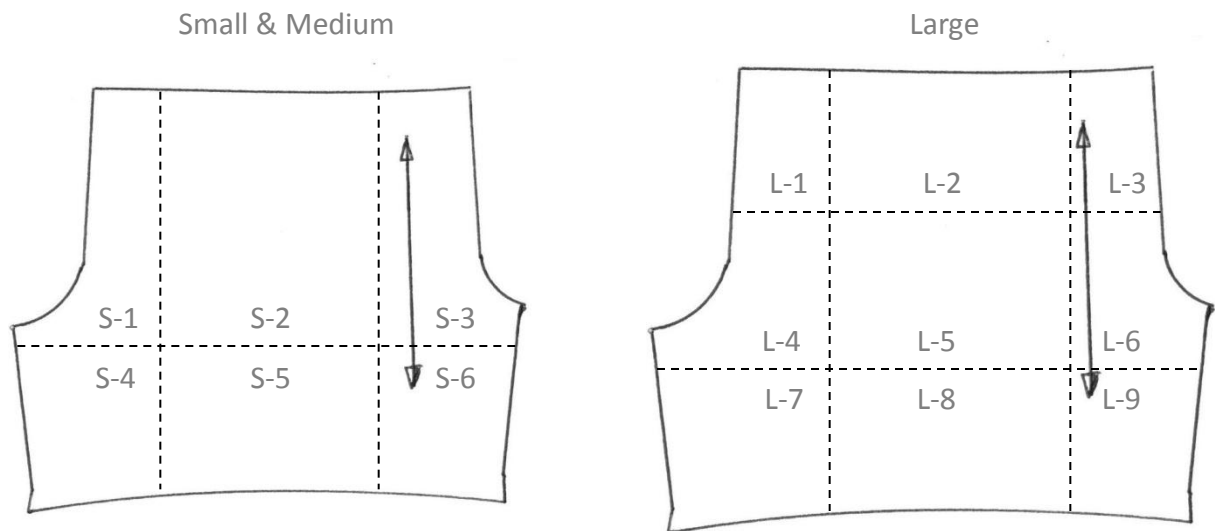
Instructions

Assembling the pattern

1. Open the pattern file and printout the size of shorts you will be sewing (or print all three!) on standard letter size paper.

Note: There is one pattern section to a page.

2. Cut out each pattern piece following the solid or dashed lines.
3. Layout the pattern sections in numerical order and tape them together according to this diagram.



Sewing

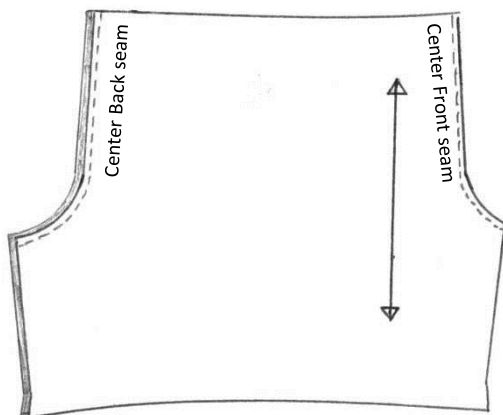
4. Pre-wash all fabrics and elastic to remove finishes and pre-shrink them. (TIP: The elastic can be pre-shrunk with very hot water in a small bowl and line dried)
5. Following the grain-line arrow lay the pattern on two layers of fabric, right sides together.

Boys Shorts -- Pattern & Instructions

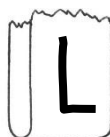
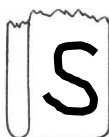
Instructions (continued)

Sewing (continued)

6. Pin pattern to fabric. Cut out along solid lines. Remove pattern.
7. Pin both pieces together at center front and center back edges. Sew from waist to crotch using a 5/8" seam. Finish seam edges. (Zig-zag, serge, or bind to prevent fraying).



8. Open shorts, laying center front seam over center back seam. Pin leg edges together. Sew, using a 5/8" seam. Finish seam edge.
9. To create size label cut a 2-1/2" long piece of cotton tape; fold in half, raw ends together. With raw edges up, use permanent marker to write "S", "M" or "L" on tape and set aside.

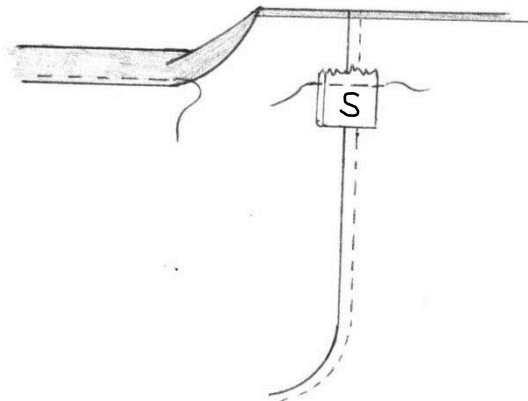


10. Press under 1/4" on waistband edge of shorts. Press under again at fold line forming a 1" wide casing.

Instructions (continued)

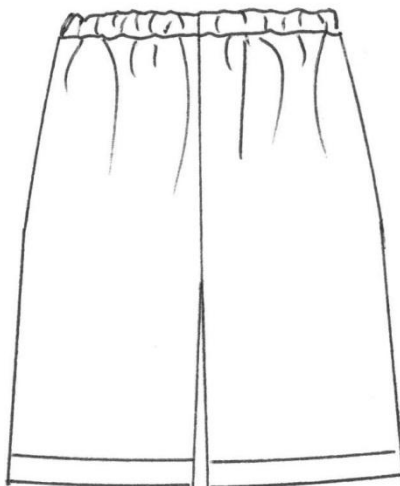
Sewing (continued)

11. Position size label at center back seam, $\frac{1}{4}$ " up from casing line. Baste. Fold down waistband, pin. Stitch close to lower edge leaving 2"-3" open to insert elastic.



12. Cut elastic length for your size shorts. S – 17"-18.5"; M – 18.5"-20"; L – 20.5"-22.5". Note: Waist finished size will vary. Feel free to use any length within the guidelines to allow for differences in children's body size.
13. Insert elastic using a safety pin. Overlap ends by 1" and stitch. Sew opening closed.
14. Hem each leg of shorts using the same steps as waistband (omit elastic! 😊).

You are finished!

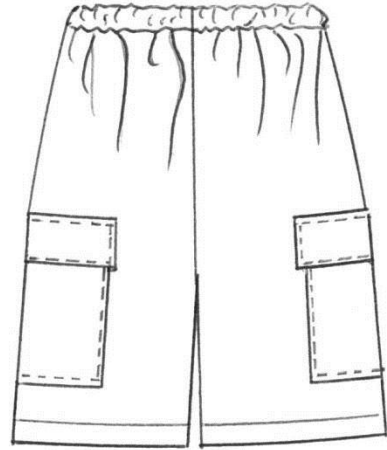


Boys Shorts -- Pattern & Instructions

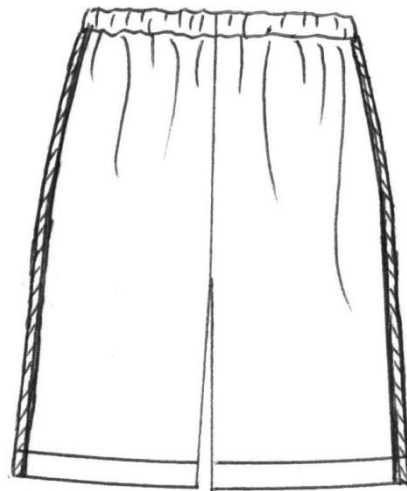
Instructions (continued)

Extras (optional)

1. Using matching or contrasting fabric, add a cargo pocket to each outer leg.



2. Find the vertical “side-seam” line and add an aesthetic racing stripe down the outside of each leg using twill tape.



3. Be creative with your fabrics and trim!